

Come Follow Me

NEW TESTAMENT 2019

WISE MAN AND FOOLISH MAN OBJECT LESSON

Matthew 6-7

At the end of Matthew 7, we are taught the wise man and foolish man parable by the Savior. Those who build their foundation upon a rock will survive the rains and floods. But those who build their foundation upon sand will wash away when the rains and floods come. Here's a fun activity for kids to help them understand this parable:

Materials: cookie sheet, rock, sand (dirt or flour also work), small figures (Little Tikes, quarters, etc), water

1. Read the story of the wise man and the foolish man in Matthew 7:24-29 as a family.
2. Place the rock and a little mound of sand in the cookie sheet. Then place one small figure (or quarter) on the rock and put another on the mound of sand.
3. Explain that you're going to do an experiment to see exactly what happens when the rain comes down on these two foundations.
4. Have one of the kids slowly pour water on the rock. Discuss what happened.
5. Have another kid slowly pour water on the sand. Discuss what happened this time.
6. Talk about what we can do to make sure our foundations are like rocks.

Resources for discussion:

- Helaman 5:12
- ["The Wise Man and the Foolish Man"](#) *Friend* resources
- ["The Wise Man and the Foolish Man"](#) song
- ["The Wise Man and the Foolish Man"](#) video
- [Friend activities and coloring page](#)
- ["A Sure Foundation"](#) by Sheldon F. Child

*You can also do the Building Your Testimony Activities from the week of January 21-27 on Third Hour's Come Follow Me resource page