Come Follow Me

**NEW TESTAMENT 2019** 

## PEACE OF THE SAVIOR CRAFT

## Matthew 8-9; Mark 2-5

In Mark 4:35-41 (and Matthew 8:23-27), Jesus' disciples became scared when a storm rocked their boat at sea. They went to wake Jesus and said, "Master, carest thou not that we perish?" Christ then commands the sea to be still and asks his disciples why they feared. We all experience "storms" in our lives that challenge our faith. But we need to remember that the Savior has the power to calm such storms. Here are some instructions on how to make a "storm bottle" with your kids that demonstrates this idea:

Credit for this idea goes to Kaylee at the Raising Little Disciples blog.

**Materials:** clean and empty two-liter bottle, water, vegetable oil, glitter, blue food coloring, funnel, toothpicks, hot glue

- 1. Create a "boat" or "raft" by hot glueing six toothpicks together.
- 2. Put one teaspoon of glitter inside the bottle (it can be any color, but blue looks best).
- 3. Fill up half of the bottle with water.
- 4. Add 3-4 drops of blue food coloring to the water and mix it well.
- 5. Using the funnel, fill up most of the rest of the bottle with vegetable oil (leave some room at the top for the toothpick raft and air).
- 6. Once the toothpick raft is dry, place it inside the bottle.
- 7. Glue on the lid of the bottle to prevent leaking.
- 8. Read the story of Jesus calming the sea in Mark 4:35-41 or Matthew 8:23-27. Use the storm bottle as you read the story. When you read about the storm, shake the bottle. When Jesus calms the storm, leave the bottle alone for a few minutes so the water and oil separate and become still again. Talk about how Jesus can calm the storms in our own lives.