

Come Follow Me

NEW TESTAMENT 2019

JUDGING OTHERS OBJECT LESSON

Matthew 6-7

The first verse of Matthew 7 tells us to not judge others. And the Joseph Smith Translation of this verse further clarifies that we shouldn't *unrighteously* judge. We learn that how we judge others is how we ourselves will be judged, so we need to be careful. Here is a fun object lesson to help your kids understand why we shouldn't unrighteously judge others:

Materials: different sized shoes

1. Talk about how easy it can be to judge someone else.
2. Have everyone slip on shoes that are either too small or too large for their feet.
3. Then have everyone try to walk around the room or down the street in the shoes.
4. Come back together and talk about what it was like trying to walk in shoes that didn't fit. Was it hard? How long did it take you to get somewhere? Which shoes do you prefer?
5. Liken this to judging others. You could read Matthew 7:1 together. We don't know what everyone is going through (or what their "shoes" are like), so judging others is often misguided. Christ is the only one who knows what we're all going through, which is why he will be the one to give our final judgment.

Resources for discussion:

- ["Judging Others" section of True to the Faith](#) (explains when it is okay to judge others righteously)
- ["The Merciful Obtain Mercy"](#) by Elder Dieter F. Uchtdorf
- ["Judging Others"](#) Gospel Topic page
- ["Bullying - Stop It"](#) video
- ["Developing Good Judgment and Not Judging Others"](#) by Gregory A. Schwitzer